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Anth.Dept.

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飲食文化與醫療
Foodways and Healing
課程介紹

本課程將以專題討論方式，探討飲食與醫療的關係，以及飲食信仰與行為的社會文化基礎。文化的基本觀念始於人類對自身身體之認識，由身體知識繼而往外開展出對他人、對族群劃分、對宇宙世界之分類體系。相對的，各個社會文化的結構與邏輯也形塑了其內之飲食結構與邏輯。在文化相對觀的檢驗下，各民族之飲食體系也展示其相對價值。課程將分十六週研讀飲食人類學的幾個基本而重要的概念及最新的發展理論趨向。其中包含食物的定義與結構、食物與宗教儀式、食物與醫療、飲酒與酗酒等傳統議題，也有食物與性別、哺乳、坐月子等與婦女有關的飲食議題；食物與族群的認同，食物與全球政治經濟等議題；以及晚進的有關自我（self）、身體(Body)的論述，諸如飲食與身體經驗、飲食與記憶等等。在材料的選擇上，兼顧理論與民族誌的配合，中國與其它文化的對照，企圖讓學生在廣泛的閱讀中，培養獨立的思考能力及本土的關懷。

<<課程要求>>

上課時間為每週二上午9：00－12：00。每週由一位學生負責研讀並報告該週之讀物，口頭報告作為學期成績的二分之一，另外二分之一則為每週交一份（兩頁，電腦打字）課後心得報告。

本課程不是導論性質，而是專題討論性質。因此，要求學生已經修過「文化人類學」或「醫療人類學」課程，或修課前徵得教授同意。

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COURSE SCHEDULE AND READING

Week 1. 導論 (Preliminaries)

Foster and Anderson, 1978, "Anthropology and nutrition, " in *Medical Anthropology*, pp.263-280.

Sara A. Quandt, 1996, "Nutrition in medical anthropology," in *Handbook of medical Anthropology*, pp272-289. Eds by C.F. Sargent and T.M. Johnson. Westport, CT: Greenwood Press.

Week2.

Mary Douglas, ed.1984, "Introduction," in *Food in the Social Order*. NY:

Russell Sage Foundation.

鄧景衡，1995，《台灣飲食文化系譜》，第十章 台北：結構群。

Week3.

Margaret Mead, 1997, "The changing significance of food", in C. Counihan and P. Van Esterik eds. *Food and Culture*, pp11-19.

張珣，2000，《疾病與文化》，第九、十章，台北：稻鄉。

Week4. 飲食的定義與結構（definition and structure of culinary）

C. Levi-Strauss, 1997, "The culinary triangle", in C. Counihan and P. Van Esterik eds. *Food and Culture*, pp28-35.

Mary Douglas, 1997, "Deciphering a meal", in C. Counihan and P. Van Esterik eds. *Food and Culture*, pp36-54

Week 5. 飲食與宗教儀式（food in religion）

C. W. Bynum, 1997, "Fast, feast, and flesh : The religious significance of food to medieval women", in C. Counihan and P. Van Esterik eds. *Food and Culture*, pp138-158.

張珣 2005 〈要葷也要素：進香飲食談〉，第九屆中華飲食文化學術研討會議論文，台南成功大學。

Week 6.

Mary Douglas, 2002, "The abominations of Leviticus", in *Purity and Danger*, pp51-71.

傅亞庶 1999〈祭祀中的犧牲與諸品物〉，《中國上古祭祀文化》，長春：東北師範大學出版社。

Week 7.

D. G. White, 1992, 'You are what you eat: the anomalous status of dog-cookers in Hindu mythology', in R. S. Khare ed. *The Eternal Food*, pp53-94.

蔡怡佳2004〈盛（聖）宴與恩典〉，中研院民族所「醫療與身體經驗研究群」研討會論文。

Week 8. 飲食與婦女（food and gender）

Diana Martin, 2001, "Food restrictions in pregnancy among Hong Kong mothers", in David Y. H. Wu and Tan Chee-beng eds, *Changing Chinese Foodways in Asia*, pp97-122.

翁玲玲1994〈作月子儀式概說〉，《麻油雞之外婦女作月子的種種情事》，台北：稻鄉出版社。

Week 9. 飲食與婦女

Penny Van Esterik, 1997, "The politics of breastfeeding", in C. Counihan and P. Van Esterik eds. *Food and Culture*, pp370-383.

Anne Allison, 1997, "Japanese mothers and *obentos*", in C. Counihan and P. Van Esterik eds. *Food and Culture*, pp296-314.

Week 10. 飲食與認同 (food and identity)

Siumi Maria Tam, 2001, "Lost and found?: reconstructing Hong Kong identity in the idiosyncrasy and syncretism of *yumcha*", in David Y. H. Wu and Tan Chee-beng eds, *Changing Chinese Foodways in Asia*, pp49-69.

Chee-beng Tan, 2001, "Food and ethnicity with reference to the Chinese in Malaysia," David Y. H. Wu and Tan Chee-beng eds, *Changing Chinese Foodways in Asia*, pp125-160.

Week 11. 飲酒與藥物 (Alcohol and Drug Studies)

Linda A. Bennett and Paul W. Cook Jr.,1996, " Alcohol and Drug Studies," In C. F. Sargent and T.M. Johnson. *Handbook of medical Anthropology*, Pp235-251. Westport, CT: Greenwood Press.

林憲，1956，(花蓮縣南勢阿美族的飲酒問題)，黃應貴編，台灣土著社會文化研究論文集，聯經。

Week12. 煙草與巧克力 (Tobacco and chocolate)

Terence Mckenna, 1992, "Smoke gets in your eyes: opium and tobacco", In *Food of the Gods*, pp188-206.

殷麗君翻譯 《味覺樂園：看香料、咖啡、煙草、酒，如何創造人間的私密天堂》第二、三章，台北：藍鯨

Week 13. 食物與政治經濟 (The political economy of food)

Jack Goody, 1997, "Toward the development of a world cuisine", in C. Counihan and P. Van Esterik eds. *Food and Culture*, pp338-356.

Sidney W. Mintz, 1997, "Time, sugar and sweetness", in C. Counihan and P. Van Esterik eds. *Food and Culture*, pp357-369.

Week 14. 飲食與自我 (Food and Self)

Hortense Powdermaker, 1997, "An anthropological approach to the problem of obesity", in C. Counihan and P. Van Esterik eds. *Food and Culture*, pp203-210.

Susan Bordo, 1997, "Anorexia Nervosa", in C. Counihan and P. Van Esterik eds. *Food and Culture*, pp226-250.

Week 15. 身體與醫療 (Body and Medicine)

Thomas J. Csordas, 1999, "The Body's Career in Anthropology,"
in *Anthropological Theory Today*, pp172-205. Cambridge: Polity Press.

John Blacking, 1977, 'Toward an Anthropology of the Body,' in *The Anthropology of the Body*, pp1-28. London: Academia Press.

Week 16. 飲食與身體經驗 (Food and experience)

David E. Sutton, 2001, *Remembrance of Repasts: An Anthropology of Food and Memory*. Ch.3.

余舜德 2003 〈文化感知身體的方式：人類學冷熱醫學研究的重新思考〉，台灣人類學刊 1 (1)：105-146。