Using Genetic Risk Score Approaches to Infer Whether an Environmental Factor Attenuates or Exacerbates the Adverse Influence of a Candidate Gene

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Gene-environment interactions

- Genetic effects are not constant for all subjects
- While genetic materials are inborn, environmental exposures can be changed



Single-nucleotide polymorphism (SNP)



Variation in DNA sequence

Changes in adenine (A), thymine (T), cytosine (C), or guanine (G)

https://isogg.org/wiki/Single-nucleotide_polymorphism

Three possible genotypes in a SNP

 For example, if a SNP has two alleles A and G

➤AA (0, 0 allele of G)
➤AG (1, 1 allele of G)
➤GG (2, 2 alleles of G)

Gene: a chromosomal region



https://medium.com/sanogenetics/snp-of-the-week-77753b4aea87

Phenotype

- A trait of interest
 - ≻ Height
 - ➢ Body mass index (BMI)
 - Body fat percentage
 - Blood pressure levels
 - Disease status



Three scales of G x E interaction analysis

- SNP x E interaction analysis Whether $p < 5 \times 10^{-8}$ (0.05/1,000,000)
- Gene x E interaction analysis > whether $p < 2.5 \times 10^{-6}$ (0.05/20,000)
- GRS x E interaction analysis
 - GRS: Genetic risk score

> whether p < 0.05 (0.05/1)

GRS: Genetic risk score

• A linear combination of effect alleles

$$GRS_i = \sum_{j=1}^{L} \widehat{\beta}_j G_{ij}$$

- Unweighted GRS (if all $\hat{\beta}_j = 1$)
- Weighted GRS (usually weighted by effect sizes)



BMI (kg/m²)

Figure 2. Association between the GRS and BMI in the inactive and 'combined active' groups (N = 111,421). Physical activity was estimated according to the Cambridge Physical Activity Index (CPAI), where the inactive group is defined as individuals with a CPAI of 1 and the 'combined active' group as individuals with a CPAI of 2–4. doi:10.1371/journal.pgen.1003607.g002

Ahmad S et al., PLoS Genet 2013;9:e1003607.



External genome-wide association studies (GWASs) may not be available, especially for non-European ethnicity.

97 BMI-associated SNPs ($p < 5x10^{-8}$)

Locke AE et al. Nature, 2015; 518(7538):197–206 (for European ancestry)

In Taiwan Biobank (<i>n</i> =18,424)	BMI	Body fat %	Waist circumfere nce	Hip circumfere nce	Waist-to- hip ratio
Number of SNPs with p < 5x10 ⁻⁸	1	0	0	0	0
Number of SNPs with p < 0.05	29	20	28	22	12

We need to build weights according to our data.

 $g\{E(Y)\} = \beta_0 + \beta_{SNP,i}SNP_i + \beta_c Covariates$

 $g\{E(Y)\} = \gamma_0 + \gamma_{SNP,i}SNP_i + \gamma_c Covariates + \gamma_E E + \gamma_{Int,i}SNP_i \times E$

Under $H_0: \gamma_{Int,i} = 0$, the maximum likelihood estimate $\hat{\beta}_{SNP,i}$, is asymptotically independent to $\hat{\gamma}_{Int,i}$

Dai et al. Biometrika, 2012;99(4):929-44

Gene-based GxE interaction approach

Adjust for non-genetic covariates

$$g[E(Y_i)] = \alpha_0 + \alpha' X_i, i = 1, \cdots, n$$

Gender, age, smoking status, ancestry principal components

$$\widehat{\mu_{0i}} = \widehat{\alpha_0} + \widehat{\alpha'} X_i$$
 (for continuous Y_i) or

$$\widehat{\mu_{0i}} = \frac{exp(\widehat{\alpha_0} + \widehat{\alpha'}X_i)}{1 + exp(\widehat{\alpha_0} + \widehat{\alpha'}X_i)} \text{ (for binary } Y_i\text{)}$$

Covariate-adjusted phenotype

$$\widehat{\varepsilon_i} = Y_i - \widehat{\mu_{0i}}$$

$$g[E(\widehat{\varepsilon}_i)] = \beta_0 + \sum_{j=1}^L \beta_j G_{ij}$$

Filtering stage

Ridge regression (RIDGE)

$$\widehat{\boldsymbol{\beta}} = \frac{\operatorname{argmin}}{\boldsymbol{\beta}} \left[\sum_{i=1}^{n} \left(\widehat{\varepsilon}_{i} - \beta_{0} - \sum_{j=1}^{L} \beta_{j} G_{ij} \right)^{2} + \lambda \sum_{j=1}^{L} \beta_{j}^{2} \right]$$

LASSO (Least Absolute Shrinkage and Selection Operator)

$$\widehat{\boldsymbol{\beta}} = \frac{\operatorname{argmin}}{\boldsymbol{\beta}} \left[\sum_{i=1}^{n} \left(\widehat{\varepsilon}_{i} - \beta_{0} - \sum_{j=1}^{L} \beta_{j} G_{ij} \right)^{2} + \lambda \sum_{j=1}^{L} |\beta_{j}| \right]$$

LASSO and Ridge

Hastie, Trevor, Tibshirani, Robert and Friedman, Jerome. ["The Elements of Statistical Learning"]. Second Editon, Springer Series in Statistics



FIGURE 3.11. Estimation picture for the lasso (left) and ridge regression (right). Shown are contours of the error and constraint functions. The solid blue areas are the constraint regions $|\beta_1| + |\beta_2| \leq t$ and $\beta_1^2 + \beta_2^2 \leq t^2$, respectively, while the red ellipses are the contours of the least squares error function.

ENET (Elastic net)

$$\widehat{\boldsymbol{\beta}} = \frac{\operatorname{argmin}}{\boldsymbol{\beta}} \left\{ \sum_{i=1}^{n} \left(\widehat{\varepsilon}_{i} - \beta_{0} - \sum_{j=1}^{L} \beta_{j} G_{ij} \right)^{2} + \lambda \sum_{j=1}^{L} \left[\frac{1}{2} (1-\alpha) \beta_{j}^{2} + \alpha \left| \beta_{j} \right| \right] \right\}$$

> $\alpha = 0$, RIDGE > $\alpha = 1$, LASSO

10-fold cross validation to select λ that leads to the minimum MSE (mean squared error)

 $\succ \alpha = 1/2$, ENET

$$GRS_i = \sum_{j=1}^{L} \widehat{\beta}_j G_{ij}$$

Testing stage

$g[E(Y_i)] = \gamma_0 + \gamma_G GRS_i + \gamma_E E_i + \gamma_{Int} GRS_i \times E_i + \gamma_C X_i, i = 1, \cdots, n$

By testing $H_0: \gamma_{Int} = 0 \ vs. H_1: \gamma_{Int} \neq 0$, we evaluate whether GxE exists.

If $\hat{\gamma}_{Int} > 0$, E exacerbates the adverse influence of a candidate gene.

If $\hat{\gamma}_{Int} < 0$, E attenuates the adverse influence of a candidate gene.

Competing methods

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SBERIA (Jiao et al. 2013, Genet. Epidemiol.) (Set-Based gene-EnviRonment InterAction test)

 $g[E(Y_i)] = \gamma_0 + \sum_{j=1}^{L} \gamma_{G_j} G_{ij} + \gamma_E E_i + \gamma_{Int} GRS_i \times E_i + \gamma_C X_i$

iSKAT (Lin X.Y. et al. 2016, Biometrics) interaction Sequence Kernel Association Test

$$g[E(Y_i)] = \delta_0 + \sum_{j=1}^L \delta_{G_j} G_{ij} + \delta_E E_i + \sum_{j=1}^L \delta_{Int_j} G_{ij} E_i + \boldsymbol{\delta_C}' \boldsymbol{X_i}$$

Assuming $\delta_{Int_j} s$ $(j = 1, \dots, L)$ follow a distribution with a mean of 0 and a variance of τ

 $H_0: \tau = 0$ vs. $H_1: \tau > 0$

Adaptive Combination of Bayes Factors (ADABF) Method (Lin W.Y. et al. 2019, Front. Genet.)

$$g[E(Y_i)] = \delta_0 + \delta_{G_j}G_{ij} + \delta_E E_i + \delta_{Int_j}G_{ij}E_i + \delta'_C X_i$$

$$H_0: \delta_{Int_j} = 0 \text{ vs. } H_1: \delta_{Int_j} \neq 0$$



 \rightarrow BF quantifies the '**relative**' evidence in favor of H₁.

Significance score
$$S_k = \sum_{l=1}^k \log(BF_{(l)}), \ k = 1, \cdots, L$$

 $D\Gamma \setminus D\Gamma \setminus \nabla D\Gamma$

Summing the largest $k \log(BF), k = 1, ..., L$

Cort

ADABF

- The significance scores will be compared with their counterparts from resampling replicates (under H₀)
- The R source code can be downloaded from http://homepage.ntu.edu.tw/~linwy/ADABFG EPoly.html

Simulation Study

Taiwan Biobank

- 18,424 unrelated subjects (9,093 males and 9,331 females)
- Three genes were drawn for simulations:

≻TNNT3 (48 SNPs)

▶ RFX3 (95 SNPs)

≻FTO (242 SNPs)

Power evaluation

$$Y_i = \sum_{d=1}^{4} \beta_{G_d} G_{id} + \beta_E E_i + \sum_{d=1}^{D} \beta_{Int_d} G_{id} E_i + \varepsilon_i$$

Scenario	E	β_{G_1}	β_{G_2}	β_{G_3}	β_{G_4}	β_{Int_1}	$\boldsymbol{\beta}_{Int_2}$	$\boldsymbol{\beta}_{Int_3}$	β_{Int_4}
1 Exacerbation	+	+	+	+	+	+	+	+	+
2 Attenuation	+	+	+	+	+	-	_	_	—



Power given a significance level of 0.05, for continuous traits and P(E = 1) = 0.2

In the filtering stage

$$Y_i = \sum_{d=1}^{4} \beta_{G_d} G_{id} + \beta_E E_i + \sum_{d=1}^{D} \beta_{Int_d} G_{id} E_i + \varepsilon_i$$

Scenario	E	β_{G_1}	β_{G_2}	β_{G_3}	β_{G_4}	β_{Int_1}	$\boldsymbol{\beta}_{Int_2}$	$\boldsymbol{\beta}_{Int_3}$	β_{Int_4}
1 Exacerbation	+	+	+	+	+	+	+	+	+
2 Attenuation	+	+	+	+	+	-	_	_	—



Power evaluation

$$Y_i = \sum_{d=1}^{4} \beta_{G_d} G_{id} + \beta_E E_i + \sum_{d=1}^{D} \beta_{Int_d} G_{id} E_i + \varepsilon_i$$

Scenario	E	$\boldsymbol{\beta}_{G_1}$	β_{G_2}	β_{G_3}	β_{G_4}	β_{Int_1}	$\boldsymbol{\beta}_{Int_2}$	β_{Int_3}	β_{Int_4}
3 Exacerbation	+	+	+	+	+	+	+	0	0
4 Attenuation	+	+	+	+	+	-	_	0	0



Power

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Power evaluation

$$Y_i = \sum_{d=1}^{4} \beta_{G_d} G_{id} + \beta_E E_i + \sum_{d=1}^{D} \beta_{Int_d} G_{id} E_i + \varepsilon_i$$

Scenario	E	β_{G_1}	β_{G_2}	β_{G_3}	β_{G_4}	β_{Int_1}	β_{Int_2}	β_{Int_3}	β_{Int_4}
5 cross-over	+	+	+	+	+	+	+	_	_

5 Cross-over



Application to the Taiwan Biobank (TWB)

Taiwan Biobank: Since October 2012

Taiwan residents aged 30 to 70 years

	Overall	Males	Females
Total <i>, n</i> (%)	18,424	9,093	9,331
Age (years), mean (s.d.)	48.9 (11.0)	49.0 (11.0)	48.9 (10.9)
Smoking, <i>n</i> (%)	2,134 (11.6)	1,882 (20.7)	252 (2.7)
Drinking, n (%)	1,345 (7.3)	1,178 (13.0)	167 (1.8)
Regular exercise, n (%)	7,652 (41.5)	3,896 (42.8)	3,756 (40.3)

FTO x exercise interaction on obesity

- The fat mass and obesity-associated (FTO) gene
- Chromosome 16 (53,737,875 54,148,379)
- 242 SNPs (minor allele frequency > 1%)
- Regular exercise: 30 minutes of exercise 3 times a week
- Covariates: sex, age, educational attainment, drinking status, smoking status, and the first 10 ancestry principal components (PCs).

BMI (kg/m²) $\widehat{\gamma_{Int}}$ -0.1743 -0.0821 -0.0964 -0.1482 P_{Int} 0.0009 0.1192 0.0671 0.0067 0.2043 0.1700 Body fat % $\widehat{\gamma_{Int}}$ -0.2661 -0.2069 -0.2081 -0.2259 0.0160 0.2430 0.2200 Waist circumference $\widehat{\gamma_{Int}}$ -0.3854 -0.3719 -0.3760 -0.2786 (cm) P_{Int} 0.0052 0.0069 0.0063 0.0512 0.5369 0.3700 Hip circumference $\widehat{\gamma_{Int}}$ -0.3868 -0.3286 -0.3291 -0.2902 (cm) P_{Int} 0.0001 0.0011 0.0011 0.0055 0.5061 0.3300	Trait		RIDGE	ENET	LASSO	SBERIA	iSKAT	ADABF
Districting in y P_{Int} 0.00090.11920.06710.00670.20430.1700Body fat % $\hat{\gamma}_{Int}$ -0.2661-0.2069-0.2081-0.2259 P_{Int} 0.00310.02120.02050.01600.24300.2200Waist circumference $\hat{\gamma}_{Int}$ -0.3854-0.3719-0.3760-0.2786(cm) P_{Int} 0.00520.00690.00630.05120.53690.3700Hip circumference $\hat{\gamma}_{Int}$ -0.3868-0.3286-0.3291-0.2902(cm) P_{Int} 0.00010.00110.00110.00550.50610.3300	BMI (kg/m ²)	$\widehat{\gamma_{Int}}$	-0.1743	-0.0821	-0.0964	-0.1482		
Body fat % $\widehat{\gamma_{Int}}$ -0.2661-0.2069-0.2081-0.2259 P_{Int} 0.00310.02120.02050.01600.24300.2200Waist circumference $\widehat{\gamma_{Int}}$ -0.3854-0.3719-0.3760-0.2786(cm) P_{Int} 0.00520.00690.00630.05120.53690.3700Hip circumference $\widehat{\gamma_{Int}}$ -0.3868-0.3286-0.3291-0.2902-0.2902(cm) P_{Int} 0.00010.00110.00110.00550.50610.3300		P _{Int}	<mark>0.0009</mark>	0.1192	0.0671	<mark>0.0067</mark>	0.2043	0.1700
P_{Int} 0.00310.02120.02050.01600.24300.2200Waist circumference $\hat{\gamma_{Int}}$ -0.3854-0.3719-0.3760-0.2786(cm) P_{Int} 0.00520.00690.00630.05120.53690.3700Hip circumference $\hat{\gamma_{Int}}$ -0.3868-0.3286-0.3291-0.2902(cm) P_{Int} 0.00010.00110.00110.00550.50610.3300	Body fat %	$\widehat{\gamma_{Int}}$	-0.2661	-0.2069	-0.2081	-0.2259		
Waist circumference $\hat{\gamma_{Int}}$ -0.3854-0.3719-0.3760-0.2786(cm) P_{Int} 0.00520.00690.00630.05120.53690.3700Hip circumference $\hat{\gamma_{Int}}$ -0.3868-0.3286-0.3291-0.2902-0.2902(cm) P_{Int} 0.00010.00110.00110.00550.50610.3300	Doug Int /o	P_{Int}	<mark>0.0031</mark>	<mark>0.0212</mark>	<mark>0.0205</mark>	<mark>0.0160</mark>	0.2430	0.2200
(cm) P_{Int} 0.00520.00690.00630.05120.53690.3700Hip circumference $\hat{\gamma_{Int}}$ -0.3868-0.3286-0.3291-0.2902-0.2902(cm) P_{Int} 0.00010.00110.00110.00550.50610.3300	Waist circumference	$\widehat{\gamma_{Int}}$	-0.3854	-0.3719	-0.3760	-0.2786		
Hip circumference $\hat{\gamma_{Int}}$ -0.3868-0.3286-0.3291-0.2902(cm) P_{Int} 0.00010.00110.00110.00550.50610.3300	(cm)	P_{Int}	<mark>0.0052</mark>	<mark>0.0069</mark>	<mark>0.0063</mark>	0.0512	0.5369	0.3700
(cm) <i>P_{Int}</i> 0.0001 0.0011 0.0015 0.5061 0.3300	Hip circumference	$\widehat{\gamma_{Int}}$	-0.3868	-0.3286	-0.3291	-0.2902		
	(cm)	P_{Int}	<mark>0.0001</mark>	<mark>0.0011</mark>	<mark>0.0011</mark>	<mark>0.0055</mark>	0.5061	0.3300
			1					

Exercise attenuates the adverse influence of *FTO*.



FGF5 x WHR interaction on blood pressure

- The *fibroblast growth factor 5* (*FGF5*) gene
- Chromosome 4 (81,187,742 81,212,171)
- 38 SNPs (minor allele frequency > 1%)
- WHR: waist-hip ratio
- Covariates: sex, age, drinking status, smoking status, and the first 10 ancestry PCs.

Trait		RIDGE	ENET	LASSO	SBERIA	iSKAT	ADABF
DBP (mmHg)	$\widehat{\gamma_{Int}}$	0.2419	0.1980	0.2141	0.2378		
舒張壓	P_{Int}	<mark>0.0013</mark>	<mark>0.0082</mark>	<mark>0.0042</mark>	<mark>0.0014</mark>	<mark>0.0154</mark>	<mark>0.0096</mark>
SBP (mmHg)	$\widehat{\gamma_{Int}}$	0.3396	0.3548	0.3551	0.3261		
收縮壓	P_{Int}	<mark>0.0027</mark>	<mark>0.0017</mark>	<mark>0.0017</mark>	<mark>0.0039</mark>	<mark>0.0482</mark>	<mark>0.0480</mark>

The *FGF5* gene has a stronger effect on blood pressure in Han Chinese with a higher waist-hip ratio

Summary

- Not only provides a *p*-value for a GxE test
- But also knows how E modifies the adverse effect of a gene
- We look forward to performing genomewide GxE analyses on a larger TWB cohort

Thanks for your attention!

http://homepage.ntu.edu.tw/~linwy/