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Meng-Chi Tang "Medical Provider Agency and Pharmaceutical Demand with Universal Coverage: Evidence from Taiwan"

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1. What is the question?

由於台灣健保機制的設計,台灣的醫療提供者擁有開藥、配藥,並獲得政府補貼的權力。這 導致了一個可能的代理人問題:醫療提供者開藥時,可能更在乎自身利益,而不是病人的病 況。本文利用實證資料,檢視抗糖尿病藥物的市場需求,希望能找到證據支持這個 claim。

2. Why should we care about it?

對病人而言,這當然是個嚴重的問題,因為醫院可能會為了獲利,而去開較沒療效的藥物。 再來,這種代理人問題與全民健保 (universal coverage)的機制有關。目前許多國家都在朝全 民健保邁進,因此,本研究對於他們該如何管制、設計全民健保系統,會相當有幫助。

Real World Example: 台灣健保的負擔相當嚴重,而由於全民健保的設計,之前新聞時常見到 民眾濫用醫療資源、導致健保負擔增加的 claim。然而,這些新聞所沒想到(或沒揭露)的是, 醫療提供者也可能濫用全民健保的設計,利用開藥、配藥來獲利,進而增加健保負擔。這其 實是非常嚴重的問題,因為若是此狀況發生,病人可能會更難康復 (因為醫療提供者並不以 治病為主要目的),進而讓人民更頻繁去看醫生,導致健保負擔更進一步增加。

3. What is your answer?

醫生自營 (physician-owned)的醫療機構,傾向於開非專利藥 (generic drug)以及昂貴的藥;而公家經營 (public-owned)的醫療機構則相反。因此,代理人問題的確存在。另外,醫療提供者對於非專利藥的價格較不敏感。診所相較於醫院,對於藥物價格則是較為敏感。本文另外進行了 counterfactual analysis,發現此代理人問題會大幅降低病人的福利;在醫療機構完全由政府經營的狀況下,病人福利每年甚至會下降超過一百萬美元。至於台灣 2014 年發布的"triple equivalence" policy,以及民眾部分負擔份額 (copayment)改變時的影響,由於福利損失與健保支出改變的效果會互相抵銷,因此影響大小較難預估。

4. How did you get there?

本研究資料來自於台灣的全民健康保險研究資料庫 (National Health Insurance Research Database, NHIRD),檢視醫療提供者每月要求健保補助的相關資料,包含開藥內容、醫生特質、醫院(或診所)特質等等。此外,本文只使用了糖尿病的開藥資料來研究。

本文中,代理人問題被定義為醫療提供者的 utility 對於療法選擇的影響。作者利用 two-stage structure model 來解釋醫療提供者與病人之間的關係。在 first stage estimation,作者使用 logit estimation 來估計代理人問題的效果;在 second stage estimation,作者使用 two-stage least squares estimation 來估計醫療提供者對於各種抗糖尿病藥物的需求曲線。

變數名稱一覽表

i	Index of medical provider, $i = 1,, I$.
t	Index of month, $t = 1,, T$.
j	The chosen oral hypoglycemic agent (OHA) for its patient in each month t, $j = 1,, J_t$. $j=0$ indicates no drugs prescribed.
U_{ijt}	$U_{ijt} = U_{ijt}(\pi, u)$, Provider i's utility gained from prescribing OHA j to its patient in month t, where π , u are the provider's and patient's utility respectively from receiving the treatment. $U_{ijt}(\pi, u, x) = \sum_{i} x_{jkt}^1 \alpha_{ikt} + \sum_{i} x_{jkt}^2 \beta_{ikt} + \xi_{it} + \varepsilon_{ijt}$
x ¹ _{jkt}	Observed product characteristics, including the drug price and whether the drug is generic.
x _{jkt}	$\mathbf{x}_{jkt}^2 = (\mathbf{D}_j, \mathbf{x}_{jkt}^{2\prime})$ represents other observed product characteristics including vintage, import, and whether the manufacturer lists their company on the stock market in Taiwan. \mathbf{D}_j is dummy variable, $\mathbf{D}_j = 1$ if the \mathbf{j}^{th} drug is prescribed.
ξ _{it}	The product characteristic that is unobservable to econometricians, such as drug quality.
ϵ_{ijt}	Error term.
α_{ikt}	$\alpha_{ikt} = \overline{\alpha}_{kt} + \sum_{r} z_{irt}^{1} \alpha_{krt}.$ $z_{irt}^{1} \text{ includes the dummy variables indicating physician and government}$ ownership, eimbursement claim value from each treatment and the patient's share of that expense.
β_{ikt}	$\beta_{ikt} = \overline{\beta}_{kt} + \sum_{r} z_{irt}^2 \beta_{krt}.$ z_{irt}^2 includes the provider's other characteristics, including patient's sex, age, and the seriousness of their diabetes; physician's experience; and hospital's years of operation, size, and location.
δ_{jt}	Product-specific constant term that is common among providers. $\delta_{jt} = \sum_{k} x_{jkt}^{1} \overline{\alpha}_{kt} + \sum_{k} x_{jkt}^{2} \overline{\beta}_{kt} + \xi_{it}$
Pr _{it}	$\Pr_{it}(j \mathbf{z}_i^1,\mathbf{z}_i^2,\mathbf{x}_j^1,\mathbf{x}_j^2;\alpha,\beta,\delta)$, the probability of provider i choosing an OHA j in month t, which is the logit form conditional on $(\mathbf{z}_i^1,\mathbf{z}_i^2)$.
\in_{ij}	The individual price elasticity of the j^{th} OHA.
\in_{ijk}	The cross-price elasticity between the OHAs j and k.